



Open Grove Schedule 2003

January 3	Audio Magazine - New Habits	Camille Maurine, Dr. Deborah Kesten, Charlene Geiss, A variety of Open Grove voices of encouragement
January 15	Newsletter - New Beginnings	Discussion about how to begin again in a variety of situations
February 1	Audio Magazine - Happiness	Professor Andrew Oswald, Dr. Edward Hallowell, Bill Vaskis, Dr. David Myers, Dr. Jacob Teitelbaum, & Professor Ruut Veenhoven
February 15	Newsletter - Creating Happiness	We condensed the happiness material into helpful, usable information to increase the happiness in your life!
March 1	Audio Magazine - Couple's Counseling	We created 3 case studies and asked 3 counselors (Caroline Gearing, Dr. Jeanie Bein, & Dr. Mary Simon) to explain them. Christopher Renstrom explains how astrology impacts relationships.
March 15	Newsletter - Your relationship with yourself	Decrease your self-loathing, reconnect with yourself, plus our monthly journaling exercise.
April 1	Audio Magazine - Hope	Bill Doebler, Donna Wells & Bruce Morris, Jack Zufelt, Michael Gelb, & Sharon Salzberg
April 15	Newsletter - Overcoming Depression	Articles on the types of depression, natural remedies for depression, and suicide.



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May 1	Audio Magazine - Nutrition for Healing	Andrea Crivelli-Kovach, PhD, Earl Mindell, PhD, Fred Pescatore, MD, Harvey Diamond, Chef Jacques, Jodi Jones, Michael Grossman, MD, Oz Garcia
May 15	Newsletter - Instinctual Healing	This newsletter covers ideas about listening to your inner voice and following through with what you feel is best.
June 1	Audio Magazine - Intuition	Albert Gauden, Carmen Harra, Mikki Taylor, & Rupert Sheldrake, Ph.D.
June 15	Newsletter - Keeping your feet on the ground	This newsletter discusses the difficulties of staying grounded while attempting to grow!
July 1	Audio Magazine - Authors	James Prosek, Kathy Trochek, Robert Lieberman, Sandra Newman, & William Kowalski
July 15	Newsletter - Follow your dream	Can't find your dream? This newsletter helps you uncover your dreams and learn to follow through to create the life of your dreams!
August 1	"Best of..." Audio Magazine	Bill Phillips, Camille Maurine, Ed Hallowell, MD, Elizabeth Lesser Filthy Critic Susan Zimmerman
August 15	Hiatus	



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September 15	Audio Magazine - Every Day Addictions	Alan Hirsh, MD, David Rosenker, Judith Wright, Neal Barnard, MD, Pia Mellody
October 7	Newsletter - Addicted Families	Newsletter covers all aspects of addiction and families including family roles and how to tell if your family member is addicted
October 15	Audio Magazine - Success	Laurence Shames, Maxine Hong Kingston, Sal Severe, PhD., Sharon Salzberg, Walter Anderson, and Will Ferguson
November 1	Newsletter - Breaking Free	Newsletter uncovers the ways in which people get stuck and how to break free.
November 21	Audio Magazine - Communication	Bob Smith, Celia Straus, Gayle Brandeis Homer Hickim, Joseph DiCenso, Marisol, and Tara Brach
December 4	Newsletter - Journey within	This newsletter discusses ideas about Journeying within yourself. It includes practical ideas for the very busy.
December 15	Audio Magazine - Gratitude	Carol Adrienne, Ph.D. Laura Davis, Margo Adair, Patricia Stevens Due, Tananarive Due, Thomas Moore, Ph.D., William Glasser, MD